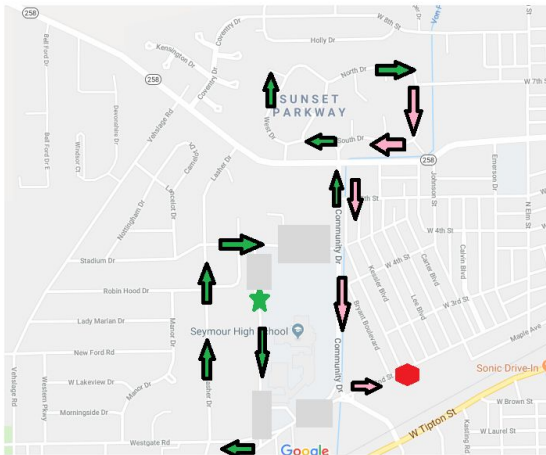


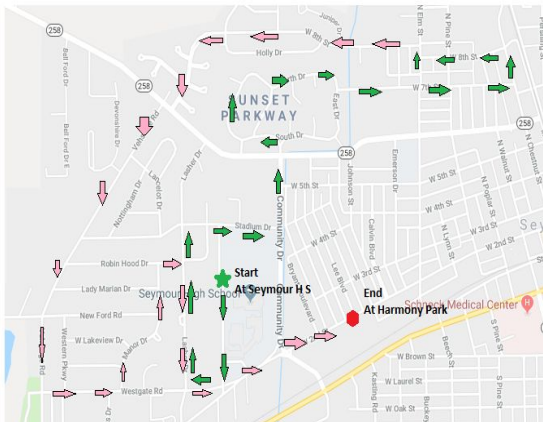
COURSE MAP

Both courses start at Seymour High School and run through the neighborhoods near the school. The courses will end at Harmony park on 2nd street. Stick around for a free beer/drink and some entertainment.

5K (3.1 miles)



10K (6.2 miles)



TRI KAPPA
MAD DASH
 10K • 5K • RUN • WALK

MARCH 30, 2019

FIRST 100
 TO SIGN UP
 RECEIVE A
 DRINK
 TUMBLER!

WEAR YOUR NCAA
 GEAR!

FREE BEER OR
 BEVERAGE
 FROM
 SEYMOUR
 BREWING CO.
 AFTER THE
 RACE!



DATE: MARCH 30, 2019

**PLACE: SEYMOUR HIGH
 SCHOOL**

RACE START: 9:00 AM

DISTANCE: 5K RUN/WALK

10K RUN

CONTACT US:

trikappamaddash@gmail.com

EVENT INFORMATION:

Event Registration:

Online: www.indianatiming.com

Mail in: Complete and sign registration form

Race Day: 7:30-8:45 am

Packet Pick-up:

March 29th from 4-6pm or March 30th from 7:30-8:45 am.

Location:

Seymour High school Commons

Results:

Indiana Timing will be timing the event and results will be posted at www.indianatiming.com.



Registration Form

Please Print Clearly

Name:	_____
Address:	_____
City/ST/Zip:	_____
Phone:	_____
Email:	_____
Age (on race day)	_____ Gender: _____

I will be competing in (circle one)

5k Walk **5k Run** **10k Run**

Shirt Size: adult sizes (\$5)

S M L XL 2XL No Shirt

In consideration of acceptance of my entry, I hereby release, discharge and agree to hold free and harmless any sponsors, officials or organizers of this event and each of them together with their successors, assigns, officers, agents and employees from any and all liability for injuries to property or person suffered by me as a result of my participation in this event. By execution of this waiver, I assume all risk associated with my participation in this event, including, but not limited to fall, the effects of weather, traffic and road conditions, all such risks being known and appreciated by me. I verify that I am physically fit and sufficiently trained for the completion of this event and that my physical condition has been verified by a licensed medical doctor.

Signature: _____

Parent's signature if under 18 years of age

Date: _____

Make checks payable to:

Seymour Tri Kappa

Where to mail the registration form:

Holly Coates
Att: Seymour Tri Kappa
721 Coventry Drive
Seymour, IN 47274

Pricing:

(Registration fees are non-refundable)

5K Run or Walk

(\$25.00) _____ Before March 29th

(\$30.00) _____ On Race Day

*Subtract \$5 for no shirt

10K Run

(\$30.00) _____ Before March 29th

(\$35.00) _____ On Race Day

*Subtract \$5 for no shirt

Donation:

(\$20.00) _____ donate a race entry but will not be participating in the event.

***Must registered by March 16th to be guaranteed a shirt

**ENJOY A DRINK FROM
SEYMOUR BREWING CO.
AFTER THE RACE!**

