

Join Us!

Competitive 5K Run & 5K Walk

Freeman Field

Seymour XC Course

Monday, April 1st, 2019

6:30 pm

All ages & all levels welcome



~Read before signing~

In consideration of accepting this entry form, I hereby release, discharge, and agree to hold free and harmless, the City of Seymour and all officials, staff or board members, Fitness 1440, and its staff or Board members, any sponsors of the event, and any agents or employees or volunteers of the parties named, from any and all liability for injuries and/or damages to property and/or person, suffered by me as a result of participating in this event. By execution of this Release Form, I verify that I am physically fit and have sufficiently trained to compete in this event, and that my physical condition has been verified by a licensed medical doctor or professional. I also understand and agree that any sponsor or organizer may subsequently use my name and/or likeness participating in this event for publicity and/or promotional purposes without any obligation or liability to me. I also acknowledge that this course is a trail course and there may be holes, sticks, etc. to avoid. I know that participating in a trail run is a potentially hazardous activity. I should not enter and participate unless I am medically able to do so and properly trained. I assume all risks associated with participating in this event, including, but not limited to: falls; contact with other participants; and the effects of weather, traffic, and course conditions, all such risks, being known and understood by me.

Signature of Participant (or Guardian if Participant is under the age of 18)

Date _____

**LIABILITY
RELEASE**

4th Annual Fools 5K

Presented by:

FITNESS1440

Benefiting:



Monday

April 1st, 2019

@ 6:30 pm

..5K. Run. & 5K. Walk

Schedule of Events

Early Packet Pick-Up at Fitness 1440

Friday, March 29th 9AM–5PM &

Saturday, March 30th 9AM–12PM

Monday, April 1st

5:30 PM–6:15 PM

Pre-Race Packet Pick-up & Registration

6:30 PM

5k Race Start

7:30 PM

Awards Presentation

(awards start after final racer crosses finish line)

Indiana Timing will track all participants. Personal times will be available immediately after completion of the event and posted online at:

www.indianatiming.com



Please Print:

Name _____

Address _____

City _____ State ____ Zip _____

Phone _____

Email _____

Age (race day) _____ Gender _____

Circle Event:

5K Run 5K Walk

T-shirt size (MUST circle one)

S M L XL other (+\$3): _____

Pre-register by 3/02/2019 to guarantee shirt

Trophies will be awarded to Top 3 Male and Female Runners as well as medals for 4th through 10th. Overall Male and Female walker will also receive a trophy as well as medals for 2nd through 5th. Be sure and stick around for the random drawings for **\$50 Cash**, giveaways and foolish prizes!

\$50 Cash will be given out for a New Race Record in the Male or Female Run as well as the Overall Walking Race Record!
(*must be 18 yrs of age)

Location: Freeman Field Recreation Area
Seymour, IN

Directions: 3 miles south of
Tipton St/ Hwy 50 on Walnut/ SR 11

Registration Form

\$15 5K Run & 5K Walk (by 1/12/2019)
 \$20 5K Run & 5K Walk (by 3/02/2019)
 \$25 5K Run & 5K Walk (after 3/02/2019)
 -\$5 No Shirt
 -\$5 14 yrs or Younger
 +\$3 Other Shirt Size
\$25 Day of Registration ONLY
 _____ Total Additional Donation enclosed
 _____ Total Registration enclosed
 (all registration fees are non-refundable)

Make Checks Payable to:
Fitness 1440 Seymour

*T-shirts are not guaranteed for registrations after 3/02/2019

*PLEASE REMEMBER TO SIGN RELEASE
ON BACK OF THIS FORM

Return forms with payment to:
Fitness 1440 Seymour
2012 E Tipton St
Seymour, IN 47274