

Our Proud Ally Sponsors



Our Proud Partner Sponsors



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Smith and Syberg
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The Arc[™]
Supports Autism

The Arc of Bartholomew County's

Mission Statement:

The Arc works to empower people with intellectual and developmental disabilities to inspire positive change through public policy, changing public attitudes and fostering respect, access and inclusion.

Who we are:

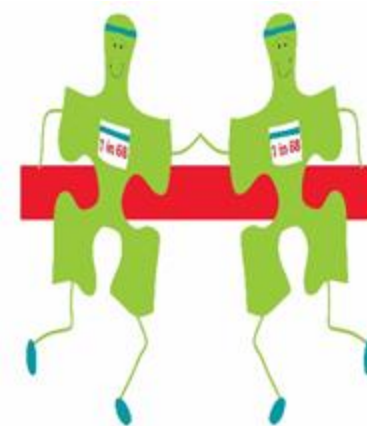
An advocacy and disability rights leader with a
A strong local presence and a
Deeply rooted history
For people with intellectual and developmental disabilities

Race Director

Jeff Niewedde

(812) 447-5528

indianatiming@gmail.com



TOGETHER WE C.A.N.
I CAN 5K & AUTISM WALK

Date: **April 13th, 2019**

Location: **WD Richards Elementary**

Registration: **8:00-8:55 a.m.**

Announcements: **9:00 a.m.**

Race Start: **9:15 a.m.**

Awards: **10:15 a.m.**

Sign Up Online:

www.indianatiming.com

The Columbus Autism Network invites you to celebrate Autism Awareness Month by participating in either our 5K Race (run or walk) or the Free Family Walk. We are also accepting donations to the network to support the programming that we provide to our families throughout the year: family events, support groups, swim lessons, and more!

There will be fun activities for families after the walk and lots of prizes to give away including tickets to the Indianapolis Children's Museum, Cincinnati Reds, Indianapolis Motor Speedway, an Xbox, restaurant gift cards, and much more!!

We encourage everyone registering for the Free Family Walk to form a team and collect donations from family, friends, coworkers, anyone! For more information about the Columbus Autism Network, send an inquiry to columbusautismnetwork@gmail.com

Columbus Autism Network Walk First Giving Page
http://www.firstgiving.com/39620/iCAN_5K_And_Walk



Registration Form

PLEASE PRINT NICELY

Name: _____

Address: _____

City/St/Zip: _____

Phone: _____

Email: _____

Age (on race day) _____ Gender: _____

I will be competing in the (MUST circle one!)

5K Run

5K Walk

Free Autism Walk

T-shirt Size

Select only if 5K Run/Walk participant

S

M

L

XL

2XL

No T-Shirt

I know that running/walking a road race is a potentially hazardous activity. I should not enter unless I am medically able and properly trained. I agree to abide by any decisions of a race official relative to my ability to safely complete the race. I assume all risks associated with this event including, but not limited to: falls, contact with other participants, the effects of the weather, any traffic conditions of the road, all such risks being known and appreciated by me. HAVING READ THIS WAIVER and in consideration of being allowed to participate, I, for myself, my heirs and administrators, and for anyone entitled to act on my behalf, release and agree to indemnify and hold harmless the organizers, sponsors and their representatives from any and all claims or liabilities of any kind arising out of my participation in this event. I specifically release any claim due to the negligence of any sponsors and/or organizers/volunteers. I authorize the organizers to use any photographs, videos, or other record of the event that may include me for any reasonable purpose.

Signature: _____

Parent's signature if under 18 years of age

Date: _____

Make check payable and mail form to:

Indiana Timing

PO Box 1403

Columbus, IN 47202

\$25.00 5K Run & Walk (by 03/31/18)

\$30.00 5K Run & Walk (after 03/31/18)

- \$5.00 Subtract if No T-Shirt wanted

_____ **TOTAL DONATION**

(Registration fees are non-refundable)

Event Registration & Packet Pickup

Online: www.indianatiming.com

Mail In: Complete & Sign Registration Form

Day of Race: 8-9AM at WD Richards Elementary

Location

WD Richards Elementary

3311 Fairlawn Drive

Columbus, IN 47203

Race Results

Results will be announced timely and posted at the race and online by 5pm same day at www.indianatiming.com

Awards will be given to the overall male and female winners of the **5K RUN & WALK**

Awards will be given to the top **TWO** in each of the following **5K RUN & WALK** age groups:
11 & Under, 12-14, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60 & Over

\$10 White River Running Company Certificates to Overall Winners & Age Group Winners in age groups over 20 years old

\$10 White River Running Company Certificates given to 4 random participants as well!