



All net proceeds support Love Chapel. Love Chapel is an area food pantry and provider of assistance for families in need.

In the past seven years, the event has raised over \$50,000 for Love Chapel.

Tax deductible donations may be made to First Baptist Church of Columbus to support Love Chapel.

All registrations are final. No refunds.



www.firstbaptistcolumbus.org

This event is part of the



www.indianatiming.com

Race director:

Jeff Niewedde

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indianatiming@gmail.com

www.firstbaptistcolumbus.org



EIGHTH ANNUAL

Date: Sept. 21, 2019

Location: First Baptist Church, Columbus IN

Registration: Now or day of race

Race start: 8 a.m.

Awards: Promptly after race

Sign up online:

signmeup.com/129764

HOW TO REGISTER

ON-LINE: signmeup.com/129764

BY MAIL: Mail in form

RACE DAY: Sign up from 7- 7:50 a.m.

LOCATION & COURSE

Start and finish:

First Baptist Church
3300 Fairlawn Drive
Columbus, IN 47203

Course map: indianatiming.com

AWARDS & DOOR PRIZES

Results will be announced promptly after the race and posted online at indianatiming.com.

Trophies will be awarded to the top male and female finishers.

Medals will go to the top three male and female runners and walkers, and top two male and female finishers in each age group.

Door prizes from several area businesses will be given away at the event!

Make checks payable to:

First Baptist Church
(Memo line: Seeds of Love 5K)

Submit registration form to:

First Baptist Church
3300 Fairlawn Drive
Columbus, IN 47203

REGISTRATION FEE

WITH SHIRT:

\$25 on or before Sept. 9

WITHOUT SHIRT:

\$20 on or before Sept. 9
\$25 after Sept. 9

YOUTH DISCOUNT:

16 and under \$5 off

PACKET PICK-UP

At First Baptist Church,
3300 Fairlawn Drive

FRIDAY, SEPT. 20

4 to 6 p.m.

SATURDAY, SEPT. 21

7 a.m. to 7:50 a.m.

You are invited to bring canned food for Love Chapel on Race Day.

REGISTRATION

Name: _____

Address: _____

City: _____ State: _____

Zip: _____

Phone: (_____) _____

Email: _____

Age (on Sept. 21): _____

Gender: M F

Event: 5K run 5K walk

T-shirt size:

Adult: S M L XL

2XL 3XL

Youth: Small Medium Large

Payment method: Cash Check

Amount enclosed: \$ _____

TERMS OF PARTICIPATION

In consideration of acceptance of my entry, I hereby release, discharge and agree to hold free and harmless any sponsors, officials or organizers of this event and each of them together with their successors, assigns, officers, agents and employees from any and all liability for injuries to property or person suffered by me as a result of participation in this event. By execution of this waiver, I assume all risk associated with my participation in this event, including, but not limited to fall, the effects of weather, traffic and road conditions, all such risks being known and appreciated by me. I verify that I am physically fit and sufficiently trained for the completion of this event and that my physical condition has been verified by a licensed medical doctor.

(Signature of participant/guardian/Parent's signature for under 18)

Date: _____

