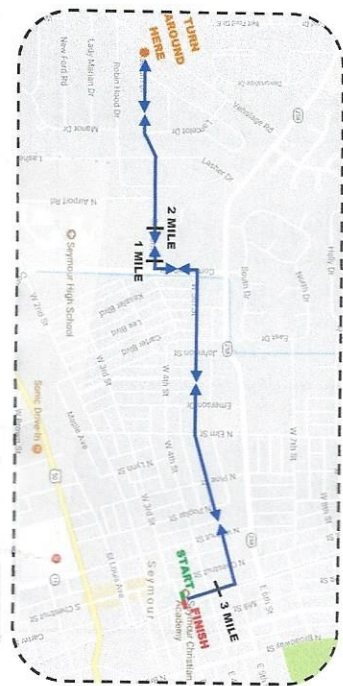


WAIVER & RELEASE

I know that running/walking a road race is a potentially hazardous activity. I should not enter unless I am medically able and properly trained. I agree to abide by any decisions of a race official relative to my ability to safely complete the race. I assume all risks associated with this event including, but not limited to: falls, contact with other participants, the effects of the weather, any traffic being known on the road, all such risks being known and appreciated by me. **HAVING READ THIS WAIVER and in consideration of being allowed to participate, I, for myself, my heirs and administrators, and for anyone entitled to act on my behalf, release and agree to indemnify and hold harmless the organizers, sponsors and their representatives from any and all claims or liabilities of any kind arising out of my participation in the event. I specially release any claim due to the negligence of any sponsors and/or organizers/volunteers. I authorize the organizers to use any photographs, videos, or other record of the event that may include me for any reasonable purpose. I further understand and agree that all entry fees are non-refundable.**

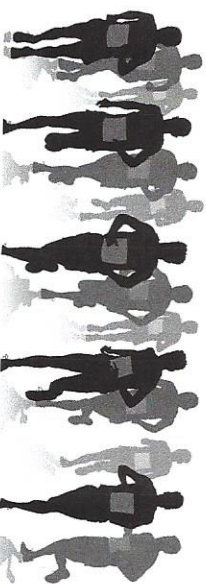
I understand and agree to the waiver and release.

Signature: _____



Our Advisory Committee

- Rhea Arthur
- Arnold Wetzel
- Tammy Medaris
- Stephanie Arthur
- Shannon Cornwell
- Jennifer Wetzel
- Rena Northcutt
- Susan Henderson
- Becky Davis



Elizabeth's Run 5K RUN/WALK

**BEGINNING AT 8:00AM
THE TABERNACLE**

Pay It Forward



Jackson County

5th Annual Pay It Forward 5k

OCTOBER 12, 2019

The Tabernacle

301 Indianapolis Ave.
Seymour, IN 47274



Elizabeth Sparks lived her life with a "Pay It Forward" attitude - always sacrificing her time and resources to help those in need she came in contact with. We have set up a fund "Elizabeth's Fund" that will assist those battling cancer. Cancer treatment can be costly in many ways, such as time off work, doctor visits, prescriptions, transportation, and the list goes on. This fund will help provide a little relief to those in Jackson County, Indiana that apply for help through the "Elizabeth's Fund". We welcome any and all donations to help us with this ongoing need in our county.



"She stretcheth out her hand to the poor; yea, she reacheth forth her hands to the needy."

-Proverbs 31:20

*In loving memory of
Elizabeth Sparks*

ABOUT THE RACE

The race will begin at 8:00am with the starting line at the Apostolic Tabernacle and continuing throughout Seymour, Indiana before ending back at the Tabernacle. Funds from this years' race are going to Elizabeth's Fund. This fund will provide financial help to people living with cancer in Jackson County, Indiana.

PRIZES

Medals will be given to the winners of the following age groups:

- ⇒ Female ages 10 and under
- ⇒ Male ages 10 and under
- ⇒ Female (run): ages 11-19
- ⇒ Female (walk): ages 11-19
- ⇒ Male (run): ages 11-19
- ⇒ Male (walk): ages 11-19
- ⇒ Female (run): ages 20-39
- ⇒ Female (walk): ages 20-39
- ⇒ Male (run): ages 20-39
- ⇒ Male (walk): ages 20-39
- ⇒ Female (run): ages 40-69
- ⇒ Female (walk): ages 40-69
- ⇒ Male (run): ages 40-69
- ⇒ Male (walk): ages 40-69
- ⇒ Male or Female (run): ages 70+
- ⇒ Male or Female (walk): ages 70+



OTHER EVENTS

There will be Door Prizes and a balloon release prior to the race in honor of anyone fighting cancer or in memory of a loved one.

Balloons will be available for any donation amount.

Local Vendors will be setting up booths inside the Tabernacle Chapel.

REGISTRATION FORM

Name: _____

Gender (circle one): Male Female

Age: _____

Activity (circle one): Running Walking

Address: _____

City/State/Zip: _____

Phone: _____

E-mail: _____

Shirt Size (circle one):

Adult— S M L XL 2XL

Child— S M L XL

Race Fee:

Early Registration: \$20 (t-shirt included)

After October 5th: \$25

Please mail registration to the address listed below or register online at:

www.signmeup.com/131111

PLEASE SEND CHECK OR MONEY

ORDER PAYABLE TO:

Pay It Forward Jackson County, Inc.

2236 Nicholas Ct.
Seymour, In 47274