

# Ability 5K

Detach and return top portion to Special Olympics Indiana Jackson County, P.O. Box 585, Seymour, IN 47274

Name \_\_\_\_\_

Age \_\_\_\_\_

Address \_\_\_\_\_

Phone \_\_\_\_\_

Circle shirt size: CHILD: S M L

ADULT: S M L XL XXL XXXL No shirt

Email \_\_\_\_\_

Circle race: 5K run 5K walk wheelchair

*Make checks payable to Special Olympics Indiana Jackson County.*

In consideration of acceptance of my entry, I hereby release, discharge and agree to hold free and harmless any sponsors, officials or organizers of this event and each of them together with their successors, assigns, agents and employees from any and all liability for injuries to property or person suffered by me as a result of my participation in this event. By execution of this waiver, I assume all risk associated with my participation in this event, including but limited to fall, the effects of weather, traffic and road conditions, all such risks being known and appreciated by me. I verify that I am physically fit and significantly trained for the completion of this event and that my physical condition has been verified by a licensed medical doctor.

Signature \_\_\_\_\_

Date \_\_\_\_\_

**The inaugural Ability 5K starts at 9 a.m. Saturday, Nov. 9, 2019, at Seymour High School. Registration is from 7:30 to 9 a.m.**

**The pre-registration fee is \$20 per participant by Oct. 27. After Oct. 27 until the day of the event, the fee is \$25. Take \$5 off if you do not want a T-shirt.**

**If you would like to sponsor a Special Olympics athlete for \$20, email [soinjacksoncounty@gmail.com](mailto:soinjacksoncounty@gmail.com).**

**For other information, call 812-595-9162.**

**The race begins and ends at Seymour High School. The route takes you through paved, scenic neighborhoods surrounding the school campus, which is mostly flat terrain. Volunteers will be along the course to keep you on track and provide you with encouragement. Indiana Timing will track all participants. Personal times will be available immediately after completion of the event and posted online at [indianatiming.com](http://indianatiming.com).**

