

<b>Couch Tater 5K</b>			
<b>Columbus, IN</b>			
<b>April 24, 2010</b>			
<b>Male 5K Run</b>			
<b>18 &amp; Under</b>			
1	Bryce Nystrom	17:38	Overall Male 5K Winner
2	Mason Pottschmidt	23:48	
3	Taylor Elwood	28:49	
4	Maclane Speer	37:10	
<b>19 to 29</b>			
1	Ryan Siefring	19:40	
2	Nick Seger	20:09	
3	Charles Dominguez	20:15	
4	Eric Humes	20:17	
5	Mark Flora	20:33	
6	Tyler Stillwell	22:40	
7	Joshua Billman	23:32	
8	Montana Wilson	26:38	
9	Michael Baker	27:42	
10	Nathan Mobley	31:45	
<b>30 to 39</b>			
1	Tom Webster	17:43	Overall Male 5K Runner-Up
2	Dan Smith	19:52	
3	Patrick Davis	23:28	
4	Mark Boroughs	23:38	
5	Chris Davis	26:47	
6	Christopher Clulow	27:17	
7	Andrew William	28:58	
8	Eric Vanest	35:45	
<b>40 to 49</b>			
1	Chris Scruton	19:07	
2	Ben Weaver	19:12	
3	Joe Golding	23:25	
4	Michael Weiler	24:20	
5	Tony Albanese	25:33	
6	Blake Hackman	31:29	
<b>50 to 59</b>			
1	Roy Goode	22:59	
2	Scott Bridge	23:43	
3	Rick Williams	24:50	
4	Rudy Zeigler	26:39	
5	Phillip Bush	26:40	
6	Floyd Overman	27:54	
<b>60 &amp; Over</b>			
1	Casey Fredericks	26:23	
2	John Halan	29:20	
3	Nelson French	31:30	

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<b>Female 5K Run</b>			
<b>18 &amp; Under</b>			
1	Zoey Johnson	21:46	Overall Female 5K Winner
2	Logan Davis	26:18	
3	Kensington Speer	37:12	
4	MacKenzie Eppley	39:59	
<b>19 to 29</b>			
1	Julie Brinksneader	24:29	
2	Sheena Seger	25:51	
3	Chelsea Spartz	26:20	
4	Nicole Spartz	27:44	
5	Betsie Reed	28:28	
6	Nicole Wheeldon	29:35	
7	Crystal Campbell Hall	32:04	
8	Maggie Mobley	35:52	
9	Taletha Baum	44:26	
<b>30 to 39</b>			
1	Hollie O'Connor	23:31	
2	Angel Hornyak	24:03	
3	Nicole Golding	24:15	
4	Laurie Palmer	24:59	
5	Shannon Clulow	27:46	
6	Jill Brand	30:43	
7	Nicole Wilson	32:12	
8	Shannon Williams	40:28	
<b>40 to 49</b>			
1	DeAnne Weaver	22:39	Overall Female 5K Runner-Up
2	Beth Carr	24:33	
3	Tawnya Thomas	24:50	
4	Mollie Knoch	28:9.3	
5	Lisa Lorenz	30:32	
6	D'Andrea Speer	34:57	
7	Michelle Nichter	35:32	
8	Tracey Mathis	41:14	
9	Carmelita Daughtery	41:15	
<b>50 to 59</b>			
1	Cindy Mason	25:00	
2	Linda Elwood	28:52	
3	Laura Woszczyński	30:55	
<b>60 &amp; Over</b>			
1	Carolyn Sinnott	49:59	