

The Grind 5K

Salem, IN

September 18, 2016

| Age Group Results | | | | | |
|--------------------------|---------------|-----------------------|--------------|------------------|---------|
| Age Group | Overall Place | Name | Event Finish | Age Group Finish | Time |
| Run Overall Male | 1 | Stillwell, Tyler | 5K Run M-1 | Male 1st | 18:53.7 |
| Run Overall Female | 9 | Fiddler, Staci | 5K Run F-1 | Female 1st | 25:34.1 |
| Walk Overall Male | 26 | Leach, Dan | 5K Walk M-1 | Male 1st | 33:44.3 |
| Walk Overall Male | 31 | Kendall, Doug | 5K Walk M-2 | Male 2nd | 36:01.4 |
| Walk Overall Male | 32 | Sterling, Dennis | 5K Walk M-3 | Male 3rd | 37:18.7 |
| Walk Overall Female | 34 | Allee, Joanne | 5K Walk F-1 | Female 1st | 38:42.8 |
| Walk Overall Female | 36 | Sterling, Nancy | 5K Walk F-2 | Female 2nd | 39:36.9 |
| Walk Overall Female | 46 | Fitzgerald, Stephanie | 5K Walk F-3 | Female 3rd | 48:42.4 |
| Run F15-19 | 18 | Persinger, Allison | F-3 | 1 | 29:53.8 |
| | 20 | Allen, Tessa | F-5 | 2 | 31:51.4 |
| | 38 | Bontrager, Lydia | F-15 | 3 | 40:15.6 |
| Run F20-24 | 42 | Gilliatt, Ariel | F-18 | 1 | 43:01.6 |
| Run F25-29 | 14 | Miller, Whitney | F-2 | 1 | 29:01.8 |
| | 27 | Chapman, Lindsay | F-9 | 2 | 34:03.8 |
| Run F35-39 | 22 | Alcorn, Heather | F-6 | 1 | 32:47.4 |
| | 30 | Parks, Ginger | F-11 | 2 | 36:01.0 |
| Run F40-44 | 19 | Stillwell, Jenny | F-4 | 1 | 29:59.4 |
| | 44 | Persinger, Peggy | F-19 | 2 | 44:30.2 |
| Run F45-49 | 23 | Coomer, Margie | F-7 | 1 | 33:06.7 |
| | 24 | McAfee, Lora | F-8 | 2 | 33:09.8 |
| Run F50-54 | 29 | Haney, Pam | F-10 | 1 | 34:54.2 |
| | 33 | Leffler, Barb | F-12 | 2 | 38:13.4 |
| | 45 | Tankersly, Tammy | F-20 | 3 | 47:48.4 |
| Run F55-59 | 40 | Kendall, Jackie | F-16 | 1 | 42:11.3 |
| Run F60 & Over | 41 | Owens, Sherrie | F-17 | 1 | 42:28.8 |

The Grind 5K Salem, IN September 18, 2016

| Age Group Results | | | | | |
|--------------------------|---------------|---------------------|--------------|------------------|---------|
| Age Group | Overall Place | Name | Event Finish | Age Group Finish | Time |
| Run M14 & Under | 2 | Morgan, Gavin | M-2 | 1 | 21:10.7 |
| | 4 | Bontrager, Zeph | M-4 | 2 | 22:42.0 |
| | 5 | Doddridge, Riley | M-5 | 3 | 23:18.2 |
| | 17 | Smith, Kaleb | M-15 | 4 | 29:41.1 |
| | 35 | Smith, Jacob | M-22 | 5 | 39:06.7 |
| Run M25-29 | 8 | Snider, Joe | M-8 | 1 | 25:13.7 |
| | 12 | Martin, Christopher | M-11 | 2 | 27:17.4 |
| Run M35-39 | 3 | Atwood, Erik | M-3 | 1 | 22:25.7 |
| | 21 | Parks, Mike | M-16 | 2 | 32:09.9 |
| | 28 | Bontrager, Jason | M-19 | 3 | 34:24.1 |
| Run M40-44 | 6 | Morgan, Justin | M-6 | 1 | 23:35.2 |
| | 15 | Doddridge, Matt | M-13 | 2 | 29:03.6 |
| Run M50-54 | 11 | Scott, Tom | M-10 | 1 | 26:24.8 |
| | 13 | Hargrove, John | M-12 | 2 | 28:30.7 |
| | 16 | Anderson, Tim | M-14 | 3 | 29:29.9 |
| Run M55-59 | 7 | Stout, Roger | M-7 | 1 | 23:56.3 |
| | 10 | Gould, Danny | M-9 | 2 | 26:01.4 |
| | 25 | Davis, Duane | M-17 | 3 | 33:23.3 |
| | 39 | Beeker, Rodney | M-24 | 4 | 41:07.7 |
| Run M60 & Over | 43 | Owens, David | M-25 | 1 | 44:09.7 |